

NOVA SCOTIA EXPRESS ENTRY STREAM

Nova Scotia Express Entry Application Guide – Change Log

As of July 17, 2026:

- Clarified the definition of self-employment (pg. 6).
- Clarified that the required work experience must have been physically performed in Nova Scotia while the applicant was residing and authorized to work in the province (pg. 8)
- Clarified that periods of self-employment will not be counted toward the required work experience (pg. 21).
- Specified that hiring the applicant must not contravene the [Trucking – Preferred Employer](#) and [Program Integrity Policy](#) LSI policies (pg. 21).
- Added additional information on the Letter of Support (pg. 30).

As of February 18, 2026:

- The former Nova Scotia Experience: Express Entry, Labour Market Priorities and Labour Market Priorities for Physicians Stream guides have been consolidated into the new Nova Scotia: Express Entry Stream guide.